

AI Verification Checklist

Before acting on any AI response, work through these four questions.

- 1. Check specific claims against primary sources: official data, peer-reviewed research, reputable journalism.
 - 2. If an AI cites a source, verify the source exists and says what the AI claims.
 - 3. For recent events, check sources dated after the AI's training cutoff.
 - 4. Do not ask the same AI again. Use an independent source.
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“Treat AI responses as starting points for thinking, not final answers.”

AI systems generate plausible text — they do not retrieve verified facts. This means a confident, fluent response can be completely wrong. Verification means checking claims against independent sources you can trust, not asking the AI the same question again.
